









# Mental Health and Crisis Resources



Compiled for families by



Please reference the key below for service types provided by each of the agencies/organizations listed. This may not be a complete list but it is updated periodically. (Last Updated 8/1/23)

Agency/Organization	Payment Options	Ages Served	Types of Services	Notes
<b>Mental Health and Suicide Crisis Line</b> Call 988 Text START or HELLO to 741741	No Charge	Children Youth Adults		
<b>National Domestic Violence Hotline</b> 1 (800) 799-7233 Call or text START to 88788	No Charge	Children Youth Adults		
<b>RHA</b> 486 Spaulding Rd., Marion, NC. 28752 (828) 652-2919	Medicaid Plans, Medicare, Private Ins. and State Funded	Children Youth Adults		Mobile crisis 1-888-573-1006 <a href="http://rhahealthservices.org">rhahealthservices.org</a>
<b>Western NC Community Health Services (WNCCHS)</b> 136 Creekview Ct., Marion, NC. 28752 (828) 583-5733	Medicaid Plans, Medicare, Private Ins. and Sliding Scale	Children Youth Adults		<a href="http://wncchs.org/mcdowell">wncchs.org/mcdowell</a>
<b>Wings of Flight Center for Change, LLC</b> 4905 US 70 W., Marion, NC. 28752 (828) 407-0880	Medicaid Plans, Medicare, Private Ins. and Sliding Scale	Children Youth Adults		<a href="http://wingsofflightcenterforchange.com">wingsofflightcenterforchange.com</a>
<b>MAHEC</b> (828) 398-3601-Asheville	Medicaid, Medicare, Private Ins. and Sliding Scale	Children Youth		School-based services only Contact your school counselor <a href="http://mahec.net/psychiatry">mahec.net/psychiatry</a>
<b>Southmountain COE</b> 81 W. Fort St., Marion, NC. 28752 (828) 559-0073	Medicaid, Private Ins. and Sliding Scale	Children		<a href="http://mcdowellcac.org">mcdowellcac.org</a>
<b>CARENET</b> 79 Academy St., Marion, NC. 28752 (828) 559-0125	Medicaid, Private Ins. and Sliding Scale	Children Youth Adults		<a href="http://carenetnc.org">carenetnc.org</a>
<b>A Caring Alternative</b> 5623 US 221 S., Marion, NC. 28752 (828) 652-5444	Medicaid, Private Ins. and Sliding Scale	Children Youth		<a href="http://caringalternative.com">caringalternative.com</a>
<b>Moving Mountains Mental Health and Recovery, PLLC</b> 361 N Main St., Ste 1, Marion, NC. 28752 (828) 527-3841	Private Ins. and Private Pay	Adults		<a href="http://movingmountainsmentalhealth.com">movingmountainsmentalhealth.com</a>
<b>Attach Counseling</b> 551 Burma Rd., Ste 9, Marion, NC. 28752 (828) 527-6396	Private Pay Only	Children Youth Adults		
<b>Front Porch Counseling</b> 551 Burma Rd., Ste 8, Marion, NC. 28752 (828) 559-9595	BCBS and Private Pay	Children Youth Adults		<a href="https://sites.google.com/view/frontporchcounseling/home">https://sites.google.com/view/frontporchcounseling/home</a>
<b>Wise Minds Counseling</b> 2301 Rutherford Rd., Marion, NC. 28752 (828) 373-2824		Children Youth Adults		
<b>Tripp Christian Counseling</b> 130 Logan St., Marion, NC. 28752 (828) 803-7281	Private Pay only Sliding Scale	Children Youth Adults		<a href="http://trippchristiancounseling.com">trippchristiancounseling.com</a>
<b>Lifeshine Counseling</b> 4662 US 70 W., Marion, NC. 28752 (828) 230-3854	Some Medicaid Plans, Private Ins., Sliding Scale	Youth Adults		

<b>Centro Unido Latino Americano (CULA)</b> 79 Academy St. Marion, NC. 28752 (828) 652-0727	No Charge	Children Youth Adults		<a href="http://www.culawnc.org">www.culawnc.org</a>
<b>Crossroads Recovery Ctr.</b> 440 E. Court St., Marion, NC. 28752 (828) 659-8626	Medicaid, Private Ins., State Funded, Private Pay	Youth Adults		
<b>Youth Villages</b> (828) 250-3700		Children Youth Adults		<a href="http://www.youthvillages.org">www.youthvillages.org</a>
<b>Strategic Interventions</b> 33 Burgin St., Unit B, Marion, NC. 28752 (828) 655-3231	Medicaid, Medicare	Adults		<a href="http://strategicshc.com">strategicshc.com</a>
<b>Black Mtn Counseling Ctr</b> 144 E Main St., Old Fort, NC. 28762 (828) 669-9798	Medicaid, Medicare, Private Ins., Sliding Scale	Children Youth Adults		<a href="http://www.blackmountaincounseling.org">www.blackmountaincounseling.org</a>
<b>McDowell Impact-Peer Support Services</b> 4 locations in McDowell Co. (828) 237-3502	No Charge	Adults		<a href="http://www.carereachnc.org/programs-and-services/peer-support-services/mcdowell-impact">www.carereachnc.org/programs-and-services/peer-support-services/mcdowell-impact</a>
<b>Celebrate Recovery</b> 660 Baldwin Ave., Marion, NC. 28752 (828) 559-2575	No Charge	Youth Adults		East Marion Baptist Church
<b>McLeod Centers for Wellness</b> 117 W. Medical Ct., Marion, NC. 28752 (828) 659-3966	Medicaid, Medicare, Private Ins. Private Pay, Sliding Scale	Adults		<a href="http://www.mcleodcenters.org">www.mcleodcenters.org</a>

<b>K E Y</b>		<b>Crisis Help</b> Suicide, Self-harm, Crisis, Domestic Violence		<b>Behavioral Health</b> Anxiety, Depression, Disordered Eating, Psychiatry, Substance Use, Trauma Services, etc.		<b>Other Specialized</b> Relationships, Parenting, Family, LGBTQ+ Support, Legal, Advocacy, Housing, I/DD, etc.		<b>Multi-lingual Services</b> Spanish or other speaking professionals available
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[McDowell Co. Community Resource Guide](#)



<h1>Referrals</h1>	Additional organizations in our community offering supports and services on a referral basis. Families should contact them individually for more information.	
<b>McDowell Co. Senior Center (see also AC Bud Hogan Ctr in Old Fort)</b> 100 Spaulding Rd., Marion, NC. 28752 (828) 659-0821 <a href="https://mcdowellcountyseniorcenter.org">https://mcdowellcountyseniorcenter.org</a>	<b>MATCH-McDowell</b> 430 Rankin Dr., Marion, NC. 28752 (828) 659-5289 <a href="http://Matchmcdowell.com">Matchmcdowell.com</a>	<b>McDowell Co. DSS</b> 145 E. Court St., Marion, NC. 28752 (828) 652-3355 <a href="http://mcdowellcountyncdss.org">mcdowellcountyncdss.org</a>
<b>Foothills Food Hub</b> 236 Barnes Rd., Marion, NC. 28752 Contact MATCH for food resources <a href="http://Foothillsfoodhub.org">Foothillsfoodhub.org</a>	<b>Vaya Health</b> 408 Spaulding Rd., Marion, NC. 28752 (828) 225-2785 <a href="http://www.vayahealth.com">www.vayahealth.com</a> 24/7 crisis line 1-800-849-6127	<b>Friendship Home for Women and Children</b> 124 Fleming Ave., Marion, NC. 28752 (828) 659-6490
<b>John Thompson Center for Men</b> 804 State St., Marion, NC. 28752 (828) 659-3981	<b>New Hope of McDowell</b> DV shelter-address confidential Marion, NC. 28752 (828) 652-8538 <a href="http://newhopeofmcdowell.org">newhopeofmcdowell.org</a>	<b>Foothills Community Health District</b> 408 Spaulding Rd., Marion, NC. 28752 (828) 652-6811 <a href="http://www.foothillshd.org">www.foothillshd.org</a>
<b>McDowell Pregnancy Care Ctr.</b> 40 S. Main St., Suite 110, Marion, NC. 28752 (828) 652-7676 or 1-800-712-4357 (24/7) <a href="http://mpccnc.org">mpccnc.org</a>	<b>Corpening Memorial YMCA</b> 348 Grace Corpening Dr., Marion, NC. 28752 (828) 659-9622 <a href="http://www.ymcawnc.org">www.ymcawnc.org</a>	<b>McDowell Transit</b> (828) 559-0744 <a href="http://mcdowelltransit.org">mcdowelltransit.org</a>