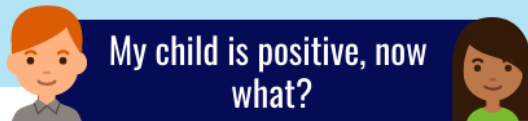




McDowell County Schools: Parent Guide for COVID-19

Navigating COVID-19 can be difficult. There have been several changes to isolation and quarantine periods. This document provides a summary of what you can expect from the school.

This guide applies to students enrolled in the K-12 setting only. It does not apply to students enrolled in PreK or younger age classrooms.



My child is positive, now what?



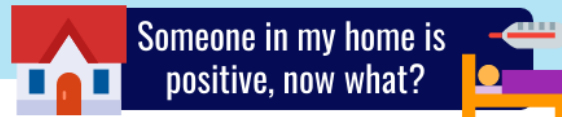
Notify the school immediately and do not send your child to school.



Your child will be out of school for 5 days. Your child can return to school on day 6 if symptoms are improving and no fever for 24 hours without fever-reducing medication. Your child must be a strict mask wearer until day 10.



Your child is responsible for any missed school work. Someone from the school will contact you about how to access daily instruction and assignments.



Someone in my home is positive, now what?



Notify the school immediately and do not send your child to school.



Your child will be out for a minimum of 5 days unless your child is fully vaccinated with no symptoms. Someone from the school will contact you and let you know of your child's plan for return along with return date.



Your child is responsible for any missed school work. Someone from the school will contact you about how to access daily instruction and assignments.



My child was exposed, now what?



In a mask required setting, exposed students are not quarantined from school.



Your child should test on the day of notification of exposure and on day 5 after exposure. You should monitor your child for symptoms daily. If your child develops any symptoms, keep them home and contact the school.



Your child will be required to wear a mask at all times other than eating or drinking during the school day and when participating in extracurricular activities until day 10 after exposure.



Tips for Parents



You should monitor your child for symptoms of COVID-19 everyday before coming to school. If they have any symptoms, keep them home and contact the school.



Be sure your contact information is up to date at the school. This includes joining Class Dojo or Remind if available.



Helpful Links:
[Vaccine Information](#)
[Symptoms of COVID-19](#) (Spanish)
[Stop the Spread of Germs](#) (Spanish)



COVID guidance is always at the discretion of the Health Department and CDC and will be updated regularly.

Updated 1/11/2022.